

WRAPPING IT UP

1. Summarize your findings and begin identifying your strengths and goals for growth by taking turns completing each of the following sentences. Explain your responses.

- A. “In General, as I think of how each of the four systems work in our relationship, I am most satisfied with...”

- B. “The system(s) I would most like us to improve is...”

- C. “The effect I think it would have on our relationship if we strengthened this system(s) would be...”

- D. “Something I would be willing to do this week to build our relationship in this way is ...”

- E. “What you could do to help me is ...”