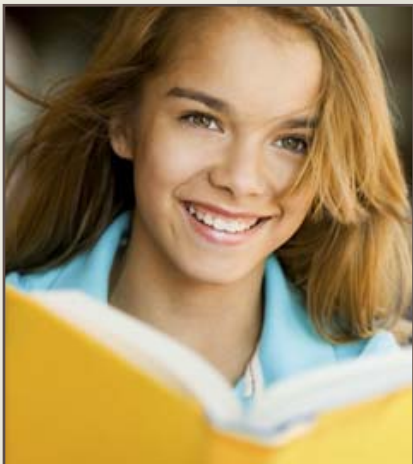


Mission Statement

Our mission is to provide adults, children and families with the necessary resources and tools for maintaining and thriving in our complex world. Relationships are established here at Karner Psychological Associates and many clients consider us lifelong friends.

Determine your goals and develop a plan

- What are your triggers? What is weighing the heaviest on you and your family?
- What are your options and resources?
- Which clinician is right for your situation?
- Developing a plan that's right for you.
- Receiving encouragement and support along the way to your success.



**CONTACT ONE OF OUR OFFICES TODAY.
HELP IS JUST A PHONE CALL AWAY.**

GUILDERLAND:
2280 WESTERN AVE.
GUILDERLAND, NY 12084
518-456-5056

EAST GREENBUSH:
2500 POND VIEW RD., SUITE 107
CASTLETON, NY 12033

CLIFTON PARK:
634 PLANK RD., SUITE 206
CLIFTON PARK, NY 12065



2280 Western Ave.
Guilderland, NY 12084
Main: (518) 456-5056
Fax: (518) 456-6512
www.KarnerPsychological.com



Karner Psychological Associates



*Leaders in Healthcare in the Capital District
Area for Over 25 Years.*

About Us

Karner Psychological Associates (KPA) was started in 1985 by Frank Doberman, Ph.D. and W. Terrence Mooney, Ph.D.

KPA has three locations in the Capital District of NYS and has grown to include over twenty mental health specialists.

KPA has become one of the largest, most respected and trusted counseling and therapy practices in the area. Call us today and discover what we can do for you and your family!

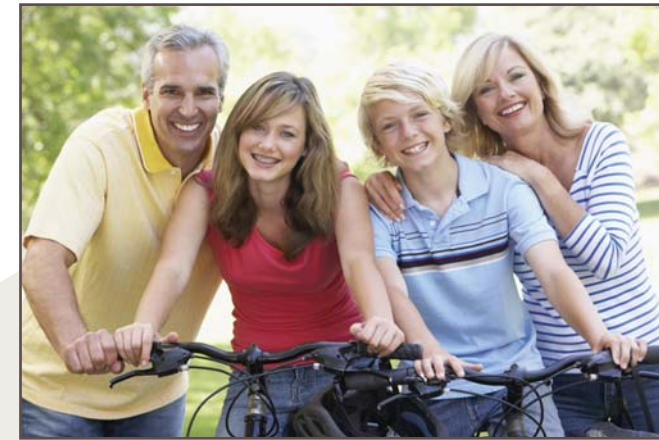
Testimonials ...

I was diagnosed with PTSD from the very brutal murder of my best friend and her baby. I came to Karner believing NO ONE could help me. Not only has it been comforting to walk into a friendly and welcoming office, but my assigned counselor fits me like a glove and we are making real progress! I never thought I'd say that. Thank you Karner! ~ Christina

Our daughter was recently hospitalized at Four Winds for depression, but I believe her success began with KPA in helping her to deal with what was going on and what happened to her. KPA has brought our daughter back to us and has brought our family closer. Thank you so much! ~ Mary



Over 500 Combined Years of Experience Helping Children, Adults, and Families Live Healthier, Happier and Productive Lives.



Areas of Expertise

Abuse/Domestic Violence Issues
Addiction Issues
ADHD/Attention Deficit Hyperactivity Disorder
Anger Management
Stress and Anxiety
Behavior Problems
Blended Family Issues
Life/Career Coaching
Childhood Separation Anxiety
Chronic/Catastrophic illness
Chronic Pain
Communication Problems
Depression and Anxiety
Eating Disorders
Grief and Loss
Health Related Habits
Low Self-Esteem
OCD/Obsessive Compulsive Disorders
Retirement Stressors
Sleeping Disorders
Life Transitions (Divorce, Job Loss, Empty Nest)
Trauma
Women's Issues
Gay/Lesbian Issues
Forensic Evaluations
Learning Disabilities & Development Disorders
Infertility
Adoption

Groups and Clinics

- **Women's Groups**
Life Issues
Depression and Anxiety
Separation and Divorce
- **Men's Groups**
Separation and Divorce
Social, Depression and Anxiety
How to Have a Happier Marriage
- **Co-Ed Groups**
Fear of Flying
Food Addiction
Parenting Classes
Depression, Anxiety and Social Issues
Anger Management (Ages 10-13)
Social, Depression & Anxiety (Ages 13-18)
- **Girl's Groups**
Depression and Anxiety (Ages 10-18)
College Age Therapy (Ages 18-24)

